

## Peel and Bleach Instructions

- Use sparingly, about a pea-size amount to the finger can be used for the entire face
- Do not use 5-7 days before/after a laser treatment
- Be cautious when applying under the eyes, as the skin is much thinner
- Use only at night, as sun exposure can aggravate the skin
- It is typical to become a little red and peel about a week after initiation, if it is a problem you may alternate the usage to every two days, or after three days
- Do NOT pick at the skin if it peels
- Results can take about 6 weeks and of course depends on depth under the skin and the degree of discoloration we are correcting
- Very rarely onchonsis (skin darkening can occur), if any signs of this, stop using the product
- It is recommended to take a break from the cream after about 3-4 months of usage, as it is metabolized by the liver. We recommend stopping for 60-90 days.
- If I become pregnant, I will discontinue this cream immediately.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_