



Bethesda, MD

7/1/2011

I had laser hair removal done on my underarms and found that the staff was very friendly and informative. I was pretty nervous about doing the procedure since the most I've done was wax. But, the staff made me feel at ease and didn't start anything until I was comfortable. The whole appointment lasted about 20 minutes, most of it being the consultation and the laser didn't hurt. I felt like I was getting tickled. Overall, I'd say I'm very pleased with how everything turned out.

This is a plastic surgery doctor's office, so not at all like a spa. I like that the staff is medically trained and knowledgeable. Dr. Varano is there to address any issues or concerns.

My mom came with me and scheduled an appointment for botox. So, if my mom liked the office, then you know it's a good place!

Arlington, VA



6/4/2011

I had Laser Liposuction done on arms by Dr Verano 3 weeks ago. The results were better than I expected, as he had described the procedure to me during our initial consultation. He wanted to give me realistic expectations for what the results would render. Though I am not over weight, I had arms that would "flap" in the wind. No matter how I try to age gracefully, that's what happens to most women. I was a little sore the next day, but the discomfort was tolerable. I did not even use the pain medicine prescribed. Dr Varano personally called me the next day, to check and see how I was feeling. His office staff was very personable, helpful, and knowledgeable. I was a little hesitant at first, but am glad I made the decision to have the treatment done. I can now fit into shirts/tops that I would have reservations wearing in the past. He really deserves a 5 star rating, which I will change once the after pictures at the 6 months mark are completed. If you are contemplating having the treatment, I highly suggest you sign up for a consult with this practice

Bethesda, MD



7/7/2011

I have had laser hair removal on my back performed by Dr. Verano on numerous occasions over the last 3 years. Having evaluated the results after these multiple years of treatment, I have to report that I am extremely satisfied with the results. The procedures themselves were only minimally uncomfortable, exactly as Dr. Verano explained that they would be; his staff was very attentive and professional; and Dr. Verano's knowledge and skills in performing the procedures was impeccable. As a physician myself, I am keenly sensitive to the competency, knowledge base, and skill set in any physician that I, myself, will see. Dr. Verano clearly exceeded my hopes and expectations. In the end, the hair growth on my back, a notoriously difficult body part in which to successfully perform laser hair removal, is greatly thinned, grows much more slowly, and is cosmetically much improved--exactly as Dr. Verano and I hoped that it would be. Indeed, I strongly recommend Dr. Verano for his expertise and competence in performing outpatient cosmetic medical treatments.

Fairfax, VA



5/31/2011

The 2nd visit was much better than the 1st. Since I've never had a microdermabrasion done before, I really didn't know what to expect. I barely felt anything being done to my skin. When I left, my skin wasn't even pink. No difference re: appearance.

Since I got another "Groupon" rate, I decided to give this office another try.

Because of traffic issues, I was 15 mins. late. Edna, the front desk receptionist, was quite understanding & the appt. wasn't rescheduled.

Vanessa was my technician for this appt. I expressed my "slight" disappointment w/ the 1st visit. In turn, she was very accommodating & applied the maximum pressure. At least, my face was red when I left. My skin felt a little smoother the next day.

Bethesda, MD



5/4/2011

I read lot of reviews before deciding, so here is mine: I had slimlipo 5 days ago. (I'll update results). After having 2 kids I could not lose my stomach. I still looked kind of pregnant/fat, and before kids I didn't have a tummy. I waited 18 month after my second child because I thought that I was going to lose weight and go back to kind of normal and I did not have the money (2 kids, 2 daycares, you probably know...) Well, I saved and exercised as much as I could with work + kids + house to take care for. The lipo was fine, he was great and so was Sheila (his assistant), all went very well. When I got up from the table I did not have love handles anymore and my belly was gone! I leaked for 24 h as they said I would. What I was not counting on was the pain. I have some bruising and I was in a lot more pain than I expected. The first 2 days the pain was comparable to the c-sections, now it's much better. Recovery is faster, every day I feel much better. Dont get me wrong it was very worth it and I would do it again in a heartbeat. If I had anticipated the pain I would have planned better to have family around to help with the kids while I could recover. Also, I can't take off work and that may have been a factor. Yesterday I couldn't walk my 2 miles to work, today I kind of could... I'm still swollen and a bit uneven but very happy with the results so far. why not 5 stars? because i'm swollen and couldnt see the final results yet.

Columbia, MD



4/21/2011

Dr. Varano has been keeping me fresh with mini enhancements for several years. He always explains the procedures in detail and also gives me realistic expectations on the results I should expect. So I was thrilled when I asked him if laser liposuction was something that could help with my "bat wings" and my "love handles" and he replied yes. Being just over 60, I had no aspirations to be a super model but I was hoping to see some results. The results are spectacular. I am already wearing smaller clothes and my bat wings are virtually gone. The procedure was relatively painless and the recovery was as expected -- two lazy days around the house. I love Dr. Varano's ethics and interaction with me. Dr. Varano has a customer forever.

Westfield, NJ



4/19/2011

I was very pleased with the services here. The staff was so welcoming and kind. Everyone was very professional and I had the best experience! I had my procedure done by Allison. She was amazing and made me feel super comfortable. I am absolutely coming back here and i recommend her to everyone!

Arlington, VA



1/23/2011

I went to see Dr. Varano for a consultation at the Modern Day Spa in the Pentagon Mall. I am forty, and I was primarily concerned with skin laxity under my chin. I asked Dr. Varano about using Thermage or SlimLipo, and he said that he would recommend SlimLipo. He started to explain exactly how SlimLipo would remove the small amount of fat that had accumulated under my chin and tighten the skin. I immediately cut Dr. Varano off, and I said that I was already familiar with how SlimLipo worked. I told him that I appreciated the explanation, but I was a researcher. I had already done all the necessary research. He politely and firmly insisted that I might not know everything that

differentiated SlimLipo from traditional liposuction or SmartLipo. In fact, Dr. Varano was exactly right. I did not know everything about SlimLipo, and he proceeded to give me the type of information that I would need to know to make an informed decision. He must have spent almost 30 minutes talking to me, and honestly, I hardly ever talk to any sort of doctor for longer than 10 minutes. Most of them do not take the time.

When I asked him about Thermage, he said that Thermage results were not consistent enough for what I was trying to achieve (my paraphrase). I asked him how much would the Thermage procedure cost if I chose to have it done, and he said, I would not do Thermage for you. He also mentioned that I might try losing a little weight and using Retin A to see if that would produce some tightening. I am absolutely within my normal weight range, but I have gained 10-12 pounds in the past couple of years. He said that a little of the weight may be showing up in the under chin area, and Retin A would help to build collagen. He said it was always good to try solving problems with less invasive methods (again my paraphrase).

I have been using Retin A, and I have lost a few pounds. I can say that the area does look slightly better, however I am still bothered by how the area looks. My jawline is just not smooth anymore. I have, in fact, consulted with other clinics, and I have done more research. At the other clinics, the conversations were minimal at best.

After almost a year, I am fairly certain that Dr. Varano's recommendations were correct, and of all the consultations I received, Dr. Varano seemed the most competent. I think the Thermage results would have been too subtle at best, and I would have been disappointed. I remember telling Dr. Varano that I did not have a lot of money, and I wanted the most bang for my buck. He quoted me a price for the SlimLipo that was \$700 less than the Thermage. I am really glad that I tried to get results without undergoing any type of procedure. It was extremely professional of Dr. Varano to recommend that I do this. At this point, I am absolutely ready to go back to Dr. Varano, and I am ready to address several areas in addition to my chin. I know this was a long review based on a consultation, but if you are considering having a procedure, I hope it gives you a place to start. There are so many options and clinics out there. It is daunting to know where to begin. Maybe you will choose another doctor, but I guarantee that Dr. Varano is a good starting point and maybe a good ending point as well. I will report back on the results of any procedures that I get, and I will repost. Also, I will be happy to share any specifics with anyone.

Gaithersburg, MD



6/27/2011

I bought a Living Social coupon for \$165 for 3 microdermabrasions treatments. I have done microdermabrasions at Vitalia Med Spa in Tysons Corner, also using a coupon deal and it was excellent. There was very slight redness for one day but my skin felt and looked great afterwards. I really felt like my skin was glowing afterwards. I was really impressed with just one treatment. I only did one because their treatments are usually \$200 without a coupon. It was also a nice spa environment, lights turned down, soft music. The Vitalia treatment took about 45 minutes.

My first treatment at Medical Cosmetic Enhancements was extremely disappointing. It felt like my skin was vacuumed and not polished like the dermabrasion treatment I had at Vitalia. I even told the esthetician I have had the procedure done before and my skin is not sensitive. I felt like I was ripped off and I can't believe that this is the same treatment they give clients who pay \$175 for it. I would be really pissed if I paid \$175 for the treatment I got. I saw and felt no difference in my skin. Also, it really is a medical grade treatment. You go in, they clean your face, do the microdermabrasions, put on sunscreen and you are out in about 15 minutes. If you are looking for a spa environment, this is not it. The environment does not bother me if I got a good treatment. But, the treatment really sucked. It was a rip off!!!

I am not an employee of Vitalia, or being paid by them. I just want you to know that I have done microdermabrasions before so I know what to expect. I am a real consumer and the microdermabrasion treatment provided by Medical Cosmetic Enhancements was a rip off and I would never recommend them.

I did contact Living Social and got a full refund. I did not want to complete the 2 remaining treatments. It would be a waste of my time.

Potomac, MD



1/20/2011

OK here's the thing. Dr Varanos seems to be quite competent. I just finished laser lipo with him. He was great about letting my friend - also a Dr - be in the procedure with us which helped me alot. He also seems like a great guy personally - I like him. What he really needs however, is a competent, consistently reliable administrative staff. Not the estheticians - they wre better than average - but the receptionist/admin staff. This seemed to be a bit off, thus he was taking up the slack which is unfair to him as a usy surgeon. If he could find someone reliable (Think he has temps?) that would be great for him and likely his clientele. Otherwise I do recommed him; there's everything to like about his performance of Slim lipo. I can't see why anyone would go under general anesesthesia to get this done. He is young enough to take current and emerging trends seriously in the plastic surgery profession - something I was specifically looking for. I believe he will also continue to be current on emerging trends which bodes well for his future practice

Arlington, VA



Updated - 12/23/2010

Went back for other procedures last month, including botox and fraxel treatment. Results were great and again Dr Varano helped me understand the results I should expected . I recommend Dr V and the friendly atmophere he and his whole staff have established

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8/22/2010

Thank You Dr Varano!!!, You have never over promised and have always produced results that are beyond my expectations. I lost 4 dress sizes since the Laser Liposuction and have absolutely no residual effect. I had a smooth transition back to work 2 days later. There was no discomfort and I've had a radical difference in my ability to exercise. I've had a good experience going back to the gym and don't feel like everyone is looking at me. This provided the improvement on body areas where diet and exercise were just not enough

Fredericksburg, VA



12/20/2010

Have never had better service, never had a better doctor. Can't say enough about Dr. Varano or his professionalism. I have never had to wait, never had a complaint with any of my procedures. More than pleased with all the results